

NAME _____

SEMESTER/YEAR BEGAN LBRT _____

HAWAI'I COMMUNITY COLLEGE, 2025-2026

Liberal Arts/Associate in Arts with a Concentration in Sociology (LBRT)

Specific Pathway to UH-Hilo

Program Requirements (Overall [60 credits, cumulative GPA 2.0 required from all courses])

Course	Course Name	Semester, Year & Grade	AA Credits
First Semester			
ENG 100* (FW) / 100E	Composition I / Composition I (ESL)		3
ENG 102	College Reading Skills		3
MATH 115 (FQ) OR MATH 135 (FQ)	Statistics Pre-calculus: Elementary Functions		3 (4)
PSY 100* (DS)	Survey of Psychology		3
Arts (DA), Humanities (DH), Literature (DL)	See list on next page		3
	First Semester Total		15
Second Semester			
SP 151† OR SP 251†	Personal and Public Speech Principles of Effective Public Speaking		3 (3)
SOC 100 (DS)	Survey of General Sociology		3
Foundations - Global and Multicultural Perspectives (FG)	Choose 1 course from: Group A - Prehistory to 1500: HIST 151, WGSS 175 Group B - 1500 to Modern Times: GEO 102, HIST 152, WGSS 176 Group C - Prehistory to Modern Times: REL 150		3
HSER 110*	Introduction to Human Services		3
Biological (DB) or Physical Science (DP)	See list on next page		3
Biological or Physical Science Lab (DY)	See list on next page		1
	Second Semester Total		16
Third Semester			
Foundations - Global and Multicultural Perspectives (FG)	Choose 1 course from a group not previously taken: Group A - Prehistory to 1500: HIST 151, WGSS 175 Group B - 1500 to Modern Times: GEO 102, HIST 152, WGSS 176 Group C - Prehistory to Modern Times: REL 150		3
Biological (DB) or Physical Science (DP)	See list on next page		3
Arts (DA), Humanities (DH), Literature (DL)	See list on next page		3
HSER 192*	Seminar and Fieldwork I		3
PSY 213	Statistical Techniques		4
	Third Semester Total		16
Fourth Semester			
HSER 292*	Seminar and Fieldwork II		3
SOC 200	Career Opportunities in Sociology		1
SOC Concentration Elective	See list on next page		3
SOC Concentration Elective	See list on next page		3
SOC Concentration Elective	See list on next page		3
	Fourth Semester Total		13
	Total Credits		60

WRITING INTENSIVE (WI)* ["C" Grade or Higher Required] [1 Course Required] "W" Indicates WI Sections only. WI Offerings vary each Semester. A WI Section of any course will satisfy the WI Requirement]. ART 101, BIOL 124L, 275L, ENG 103, 105, 204, 215, 255, 256, 257A, 257E, GEO 292V, HDFS 230, HIST 120, 274, HWST 107, PHIL 100, 101, PSY 100, SOC 218, 251, WGSS 151, ZOOL 101L		---
HAWAIIAN/ASIAN/PACIFIC (HAP) ISSUES: [1 Course Required – 3 credits] <ul style="list-style-type: none"> • ART 111 (Kaori Lang's sections only) • BOT 105 (Orlo Steele's sections only) • ENG 102 (Vivian Chin's sections only) • ENG 105 (Tagi Qolouvaki's sections only) • ENG 255 (Robyn Kalauli's & Tagi Qolouvaki's sections only) • ENG 256 (Robyn Kalauli's sections only) • ENG 257A (Robyn Kalauli's & Tagi Qolouvaki's sections only) • HIST 154 (All sections/instructors) • HWST 107 (All sections/instructors, recommended if transferring to UH-Mānoa) • PACS 108 (All sections/instructors), • WGSS 151 (Elizabeth Shaver's sections only) 		---
DIVERSIFICATION - ARTS, HUMANITIES, AND LITERATURE [6 Credits Required, in two different areas: Arts (DA), Humanities (DH), Literature (DL)] 1. Diversification – Arts (DA) ART 101, 105B, 105C, 108, 111, 113, 114, 115, 214, 217, 230, DNCE 153, 190V, 195, ENG 204, HWST 103, 106, 130, 131, 206, 230, 231, SP 151†, 251† 2. Diversification – Humanities (DH) ASAN 120, HAW 101, 102, 201, 202, HIST 120, 153, 154, 241, HUM 100, HWST 100, 101, 102, 105, 107, 201, 219, PHIL 100, 101 3. Diversification – Literature (DL) ENG 255, 256, 257A, 257E, HWST 270		--- --- ---
DIVERSIFICATION - NATURAL SCIENCES [7 Credits Required, 2 courses + 1 lab] [One three (3) credit course from Biological Sciences (DB) and one three (3) credit course from Physical Sciences (DP), and any one (1) credit Natural Science Lab course (DY).] 1. Biological Sciences (DB) [1 Course Required] BIOL 100, 101, 124, 156, 171, 172, BOT 101, GEO 170, MICR 130, PHYL 141, ZOOL 101 2. Physical Sciences (DP) [1 Course Required] ASTR 110, BIOC 141, CHEM 100, 161, EARTH 101, GEO 101, OCN 201, PHYS 100, 105 3. Natural Science Lab (DY) [1 Course Required] BIOL 100L, 101L, 124L, 156L, 171L, 172L, BOT 101L, 105L, CHEM 100L, 161L, EARTH 101L, MICR 140L, PHYL 141L, 142L, PHYS 100L, ZOOL 101L		--- --- ---
SOCIOLOGY CONCENTRATION ELECTIVES*: [23 Credits Required] * "C" grade or Higher Required 1. All required courses: HSER 110,* 192*, 292*, PSY 213, SOC 200 2. Choose three 3-credit courses from the following: <ul style="list-style-type: none"> • ANTH 200, GEO 102, PACS 108, POLS 110, SOC 208, 218, 251, 265, 289, 290, WGSS 151, 175†, 176†, 256 		--- ---

*A grade of "C" or better is required to earn a certificate and/or degree and/or transfer to major.

† These courses are cross-listed but will only count once for graduation requirements.

Courses completed that do not apply to major

Course	Sem., Yr. & Grade	Course	Sem., Yr. & Grade