

July 1, 2021 through June 30, 2022

Substance Abuse Counseling

## 1. Program or Unit Description

A 20-credit Certificate of Competence in Substance Abuse Counseling is offered for students interested in a career in substance abuse counseling. Credit and non-credit courses are offered for in-service substance abuse, human service, and criminal justice professionals seeking to develop and/or upgrade their skills in working with individuals and families who suffer as a result of chemical abuse or dependency. Students who successfully complete these courses are eligible to receive additional studies and/or fieldwork hours that can apply towards obtaining a State Substance Abuse Counseling Certificate as required by the State of Hawai'i Department of Health Alcohol and Drug Abuse Division (ADAD), the National Alcoholism and Drug Abuse Counselor Credentialing Board, and the International Certification and Reciprocity Consortium. Students completing the CC in Substance Abuse Counseling along with an associate's degree are eligible to receive 2,000 hours toward the ADAD Substance Abuse Certification Program.

The target student or service population are students that are interested in substance abuse, behavioral disorders and mental health. The program is designed to support students that are interested to work in underserved areas with people experiencing Substance Use Disorders (SUDs) and populations needing behavioral health services. It is also for those students needing to renew their state certification as a Certified Substance Abuse Counselor (CSAC).

# 2. Analysis of the Program/Unit

#### UHCC Annual Report of Program Data (VARPD)

The Overall Program Health of the Substance Abuse Counseling Program is <u>Cautionary</u> for Report Year 2022.

Demand Indicators for 2021-22 are **Healthy**. Despite this, there is a downward trend throughout the indicators such as:

	Demand Indicators	2019-20	2020-21	2021-22
1	New & Replacement Positions (State)		198	167
2	New & Replacement Positions (County)		39	23
3	Number of Majors		9	4
3a.	Number of Majors Native Hawaiian	4	6	3
4	SSH Program Majors in Program Classes	68	80	19
5	SSH Non-Majors in Program Classes		123	71
6	SSH in All Program Classes	237	203	90
7	FTE Enrollment in Program Classes	8	7	3
8	Total Number of Classes	12	11	5
	DEMAND HEALTH: HEALTHY			

The Demand Indicators show that statewide new and replacement positions are in a steady decrease from 223 in 2020, 198 in 2021 and only 167 in 22. In Hawai'i County there were 23 new and replacement positions prorated for 2021-22. Per the Standard Occupational Classification (SOC), the SUBS program strengthens the work force of Substance Abuse, Behavioral Disorder, and Mental Health Counselors. There are also many paraprofessional positions in the human and social services field that benefit from students with substance abuse knowledge and certifications. There were four students that declared SUBS as a Major with three students identifying as Native Hawaiian. Majority of the students are part-time students (100%). The strength and challenge of the program is that there were five courses taught with no BOR Appointed faculty.

Another strength is that the program attracts non-program majors to SUBS classes such as students from Administration of Justice, Social Work, Nursing, and Human Services disciplines; these students recognize that in their line of work, understanding the substance abuser is critical. Some students have declared "double majors," feeling that the Certificate in SA counseling will make their resumé stand out.

This continues to demonstrate a general interest in finding out more about substance abuse and related drug usage and relating it to student's general knowledge which will be beneficial for self-awareness or to their families and friends and community. A knowledge of alcohol and other drugs is beneficial for all other careers such as education, medical and health fields, and counseling, to name a few.

The Efficiency Indicators received an Efficiency Health rating as **Needs Attention.** In 2021-22 the average class size increased from eight to 9 students. The fill rate decreased from 41% to is 38% during this review period. Of the five classes taught, three were low enrolled. The difficulty is that with no FTE BOR appointed faculty the program is dependent on qualified lecturers to provide instruction and contribute with assessment. All of responsibilities of running a program, advising, scheduling, outreach, etc. fall on the department chair. The cost per Student Semester Hour (SSH) increased from \$143 to \$170 per student. The class sizes did not cover the cost of instruction.

As reported in previous reviews (2020 and 2021), due to the decrease in the number of program majors, there is a concentrated effort to scale back the number of offerings for each semester from eight to five different classes. That increased the class size but it still did not go over the threshold of 10 students. The program limited the program offerings to only core courses to increase efficiency.

Furthermore, the Effectiveness Indicators for this period received an Effectiveness Health rating as **Needs Attention.** The successful completion rate decreased slightly for 92% to 89% and the withdrawals are two. Persistence from fall to spring is at 50%. Three certificates were awarded.

Due to the COVID-19 pandemic, all courses from the Spring 2020-21 to the present are delivered by distance education either synchronous or asynchronous modality. Covid-19 made a negative impact on students who needed to complete field work in their seminar

course. There were five distance education classes taught with the enrollment of 44% and a fill rate of 38%. The successful completion rate is 89% and only two withdrawals.

Despite the alarming crisis of substance abuse in Hawai'i County, the SUBS program historical trend continues as a small enrolled program. The program is designed to address serious issues in our state and especially in Hawai'i County related to substance abuse, addictions, mental health disorders with a seminar and fieldwork component that gives students exploratory industry experiences. Hawai'i County continues to have a high ALICE (Asset Limited, Income Constrained, Employed), which gives measurements, a comprehensive and unbiased picture of financial hardship. Both ALICE and the Substance Abuse and Mental Health Services Administration (SAMHSA) annual National Survey on Drug Use and Health (NSDUH) show increasing numbers of Hawai'i residents that regularly use marijuana, cocaine and heroin. there is also a major methamphetamine and fentanyl crisis being identified.

The program has no dedicated FTE BOR appointed faculty. The SSCI faculty member that taught and coordinated the program retired in August of 2020.

Currently, the HawCC faculty and staff have no current CSAC employee and therefore have relied on lecturers to teach all the courses since Fall 2020. This is not cost effective for a small enrolled program, although the lecturers are all qualified and experienced and are current community practitioners.

The program did not apply for a Perkins Grant because the last Coordinator was not familiar with the grant program and the emphasis for funding grants had to be related to ameliorate the impact of COVID-19. Therefore, the Perkins Indicators were not met although the 2P1 indicator (Earned Recognized Postsecondary Credential) earned 100 actual which was triple the goal of 33.

In Spring 2022, administrators and the department chair discussed the program status and agreed to "pause" the program for Fall 22. Only courses that are cross-listed with other programs will be offered. Students currently declared as majors will be referred to sister programs as other UHCC.

All members of the advisory council and primary community service providers were notified and asked for their input and support by referring employees to the program that need additional certification hours or education. Without increased community support the program will remain low enrolled and will need to consider transitioning more course-like offerings to EDvance to assist with community awareness.

# 3. Program Student Learning Outcomes or Unit/Service Outcomes

#### 3a. List of Program SLOs

**Program Learning Outcomes:** 

SUBS PLO1: Satisfy the addiction studies educational requirements for Hawai'i State Department of Health Alcohol and Drug Abuse Division's (ADAD) Certified Substance Abuse Counselor (CSAC) and/or Certified Drug Prevention Specialist (CDPS). SUBS PLO2: Identify and articulate medical, social, and/or psychological aspects of addiction.

SUBS PLO3: Apply the Twelve Core Functions of the Alcohol and Drug Abuse Counselor, and practice within the legal and ethical parameters of the substance abuse counseling profession.

SUBS PLO4: Perform basic individual or group counseling and interviewing/facilitation skills and reflect on personal values and issues that may enhance or interfere with effectiveness as a counselor.

SUBS PLO5: Develop career plans for entry-level positions in substance abuse, criminal justice, and human services organizations that service substance abusing populations, or transfer to a 4-year college to continue education in SUBS related fields.

No assessment has been done nor changes made in 2021-22 as all of the courses were taught by lecturers, and there was no program coordinator to continue the evaluation and review of courses.

In Spring of 2020 and 2021, the discussions of the "hub and spoke" model and the further alignment of SUBS courses systemwide were shared, and direction is needed. There was no further discussion of alignment or the "hub and spoke" model for substance abuse (under Human Services in other UHCC campuses) in 2022.

As mentioned in the previous report, in Fall of 2020, Leeward Community College received the Hawai'i Behavioral Health Training Institute (HBHTI) Scholarship Awards Grant and it included participation of Hawai'i Community College and UHMC students in their program.

The grant was written to address growing the state's workforce to help respond and combat the challenges of mental health and substance use. If accepted into the program, the HBHTI award will afford participants a scholarship and stipend to earn a Substance Abuse Counseling Certificate of Competence. In the Spring of 2021 and Fall 2021, HawCC referred students to participate in the program.

HawCC was informed in January 2022, that not everyone from our college who initially applied for the HBHTI got their completed forms in or accepted the offer once awarded. There were two drop outs. The end number was five students from HawCC SUBS participating in HBHTI. Those securing the stipend (4) graduated in spring 2023. One student decided to continue with school and continue to take more courses. She is continuing her fieldwork and will receive a stipend in 2023 as she plans to complete her AA first. There are another nine awardees. One from the island of Kaua'i and another from Maui, with the rest coming from O'ahu. There are plans for another cohort starting in Fall 2022. We will be reaching out for another cohort later in the semester.

#### 4. Action Plan

Based on findings in Parts 1-3, the following action plan for the SUBS program considers the previous reviews, current resources, and future direction.

Recently, the SUBS program has gone through changes reflecting the loss of the faculty member. In August 2019, the "Coordinatorship" of the program was switched out of AJ to a Social Sciences faculty member who was CSAC certified and could teach courses in the program. The intent was to nurture and support the program to help it fulfill its potential. It was also hoped that the faculty with her expertise and certification would be able to bring the curriculum, course review, and assessment current. The designated CSAC program coordinated faculty retired in August 2020. The program does not have designated faculty support.

By continuing and increasing the Distance Education classes for AJ, HSER and SUBS, the courses that are cross listed will be able to serve more students all over our Hawai`i Island community. The classes that are cross-listed will be open classes to other students in the UHCC system.

COVID-19 provided additional challenges that restricted field work and seminar assignments. However, as the community returns to more in person services there is opportunity to offer introductory courses in Substance Abuse Counseling. However, the efforts in recruitment for students from the community and various treatment facilities must resume. This was mentioned in the advisory council meeting.

The need for Certified Substance Abuse Counselors and counselors with an understanding and awareness of substance abuse, addictions and disorders) has increased due to the COVID-19 pandemic in March 2020 to present. Although support

from Several CEOs of Substance Abuse Programs serving our community was pledged due to the increase community needs—it has not resulted in more students declaring SUBS as a major. However, the program courses continue to attract non-program students. Substance abuse is such a major problem not only in our state but worldwide, and this should be given a high priority in seeking out students to fill this need, as well as those employers who would hire them. As stated in our previous review, by 2028, the projected need for Substance Abuse Counselors will increase by 87.6%.

The following actions will be done:

- 1. Continual offering of the SUBS courses that are cross listed with HSER and AJ:
  - 130 Introduction to Youth Practitioner (HSER and AJ)
  - 131 Ethics (HSER and AJ)
  - 141 Ho'oponopono (HSER)
  - 245 Group Counseling (HSER)
  - 248 Case Management (HSER)
  - 262 Adolescent Counseling (HSER)
- 2. Continual discussions with community agencies, stakeholders and the advisory council with administrators to plan the future of the program.
- 3. Referral and support of our students to the HBHTI grant and other SUBS offerings/opportunities in the UHCC system

This SUBS program aligns with the College's Mission in that it provides workforce readiness in a greatly needed profession. A true strength is that the program attracts non-program majors to SUBS classes. This demonstrates a general interest in finding out more about substance abuse and related drug usage and relating it to student's general knowledge which will be beneficial for self-awareness or to their families and friends and community. A knowledge of alcohol and other drugs is beneficial for all other careers such as education, medical and health fields, counseling to name a few. There the Social Sciences and Public Services department will continue to offer introductory and exploratory courses related to this discipline.

https://Hawai'i.Hawai'i.edu/sites/default/files/assets/docs/strategic-plan/hawcc-strategic-directions-2015-2021.pdf

### 5. Resource Implications

### \* Special Resource Requests not included in operating "B" budget \*

Detail any special, one-time or personnel resource requests in the categories listed in the table below that are not included in your regular program or unit operating "B" budget.

\*Note: CTE programs seeking future funding via UHCC System Perkins proposals must reference their ARPD Section 4. Action Plan and this ARPD Section 5. Resource Implications to be eligible for funding.

X I am NOT requesting additional resources for my program/unit.

☐ I AM requesting additional resource(s)	for my program/unit.
Total number of items being requested:	(4 items max.)

<u>Hawai'i CC - Program & Unit Review Submission portal</u> https://Hawai'i.kualibuild.com/app/builder/#/app/60ef56c477b0f470999bb6e5/run

- **✓** Item Description
- ✓ Justification
- ✓ **Priority Criteria** (must meet at least one of the following):
  - 1. Ensure compliance with mandates and requirements such as laws and regulations, executive orders, board mandates, agreements and contracts and accreditation requirements.
  - 2. Address and/or mitigate issues of liability, including ensuring the health, safety and security of our Kauhale.
  - 3. Expand our commitment to serving all segments of our Hawai'i Island community through Pālamanui and satellite centers
  - 4. Address aging infrastructure.
  - 5. Continue efforts to promote integrated student support in closing educational gaps.
  - 6. Leverage resources, investments with returns, or scaling opportunities
  - 7. Promote professional development.

CATEGORY Category-Specific Information Nee			Information Needed	ì
Equipment	Estimated Date	Quantity / Number	Total Cost (with	On Inventory List
	Needed	of Units; Cost per	S&H, tax)	(Y/N); Decal #,
		Unit		Reason replacing
Facilities	Estimated Date	Total Cost	Monthly/Yearly	Utilities Required
Modification	Needed		Recurring Costs	
Personnel	Estimated Date	FTE; Position	Estimated Salary	Was an Existing
Resource	Needed	Type; Position		Position Abolished?
		Title		(Y/N); Position #
Professional	Estimated Date	Have you applied	Professional	PD Details; Impact;
Development	Needed	before (Y/N); was	Development	Total Cost
		it approved?	Type	
Reallocation of	Estimated Date	Total Cost	Monthly/Yearly	Reallocation
Funds	Needed		Recurring Costs	Proposal

# 6. Optional: Edits to Occupation List for Instructional Programs

Review the Standard Occupational Classification (SOC) codes listed for your Instructional Program and verify that the occupations listed align with the program learning outcomes. Program graduates

<sup>\*</sup>For each item requested, make sure you have gathered the following required information and all relevant documentation before you upload this Review; you will submit all information and attachments for your **Resource Request** as part of your Review document submission via the

# 2022 Hawai'i Community College ARPD SUBSTANCE ABUSE COUNSELING

should be prepared to enter the occupations listed upon program completion. Indicate in this section if the program is requesting removal or additions to the occupation list.

X I am NOT requesting changes to the SOC codes/occupations listed for my program.

☐ I am requesting changes to the SOC codes/occupations listed for my program.

O\*Net CIP-SOC Code Look-up

\*in the Crosswalks box, choose "Education," then enter CIP number to see related SOC codes

List below each SOC code for which change is being requested and include details of requested code deletions and/or additions. Include justification for all requested changes.

\*All requested changes to the SOC codes/occupations listed for programs must be discussed with and approved by the Department/Division Chair.